



Embracing Life As It Is:  
Listening, Sensing, Caring,  
Connecting

A Circle of Trust® Residential Retreat

17-19 January 2025

Twin Peaks Mount Barker SA

*Dronie Ward*

***Embracing life as it is - a Circle of Trust® Retreat based on the approach to reflective inquiry of sociologist, educator, author and activist, Parker J. Palmer and the Center for Courage & Renewal.***

*Led by highly experienced and skilled facilitators, these Circles offer space for honest dialogue and non-judgmental listening to self, others and country, and provide opportunities to practice active curiosity about the possibility and necessity of living in ways that bring meaning and express care.*

*We take in the natural world, stories, poetry, imagery, and sound to inspire inquiry and invite a deeper self awareness and clarity. We share our own stories in small and large group dialogues. Time is given to individual reflection and authentic expression through various mediums such as writing, creative arts, and movement.*

*This retreat will also include the opportunity to participate in a Clearness Committee. This process offers the opportunity to gain a new depth of understanding and clarity around the questions we are holding, and build our courage to respond in life-giving ways.*

*[The Twin Peaks property](#) (adjacent to the Mount Barker Summit) is associated with [UKARIA Cultural Centre](#). It is a place of quiet contemplation, with clear unobstructed views over the land around. Twin Peaks sits underneath Womma – Mukurta (the hill on the plain) a place where the gatherings, rituals and songs of the Peramangk people have been heard for many centuries.*

*Participants step back into the larger world after these retreats re-sourced with trust, gratitude, and wonder*

**Where: Twin Peaks,  
Williams Road Mount Barker SA**

**When:**

**5pm Friday January 17<sup>th</sup> 2025**

**2pm Sunday January 19<sup>th</sup> 2025**

**Cost:**

A deposit of \$100 is payable upon registration.

**Shared twin room: Early Bird - \$850**

payable by 1<sup>st</sup> November 2024 .

**Single room: Early Bird - \$1100**

payable by 1<sup>st</sup> November 2024 .

**Shared twin room: Full Fee – \$1050**

payable by 15<sup>th</sup> December

**Single room: Full fee – \$1250**

payable by 15<sup>th</sup> December 2024.

**All prices include GST: payment plans available**

Registration includes all materials, nourishing meals and comfortable accommodation in a single-occupancy or double rooms.

## Your Facilitators



**Noela Maletz**, M Soc Sc BA Dip Ed, is an educator, psychotherapist and Courage&Renewal Facilitator. More than thirty years ago she joined with others to establish a Waldorf School and then a Social Therapy Centre for people with disabilities, in Adelaide, and worked in both of these places. Most of her current work is in private practice, as a psychotherapist and supervisor, and in growing Courage&Renewal work in SA and Australasia. She is awed by the possibilities and necessities of a life lived as mindfully, wholeheartedly and as kindly as she can manage and is grateful to enjoy the complexities of a large and loving family and a treasury of friends.



**Clare Raffety**, BSc, Level 3 Yoga Teacher, is a Courage&Renewal Facilitator and is qualified in various body-mind-heart integrative practices. Clare has developed and facilitated numerous workshops, retreats, and trainings over the last 35 years,

is a Lecturer at the University of Tasmania in Health and Human Services Leadership, co-facilitator of trainings with Adventure Works Australia and consults with organisations in wellness and team development. Clare has trained in Non-Violent Communication, is a certified Map of Meaning practitioner Clare's passion isto hold safe and trustworthy space for individuals, groups, and teams inviting connection with the ground of being and the guidance, joy, and nourishment such connection makes possible.

**Noela and Clare** are delighted to be co-creating this retreat. We share an appreciation of mystery an attitude of wonder and a capacity for courageous interest in the times in which we live.

**Courage  
& Renewal**  
AUSTRALASIA

