

Living Questions Trusting Silence Embracing Wonder

A Circle of Trust Retreat

23 - 25 MARCH 2024

Saturday 3pm - Monday 12pm

TASMANIA

with Noela Maletz & Clare Raffety



Rainer Maria Rilke suggested a century ago that living patiently with our questions will help us to find our way in life and will lead eventually to answers we can understand even while we hold space for the mystery and complexity of our lives.

This retreat offers the opportunity to take time out of our busy and often noisy lives to recognise the questions we are living at this time and to sit in silence and wonder as we reflect upon them and grow into them.

Circle of Trust Retreats utilise resources (poems, stories, music, artistic activities, movement) and reflective practices within the Courage and Renewal approach.

In this retreat you will learn and practice deep listening and communication skills, be moved by poems, images and activities, reflect alone and together with others on the possibility and necessity of living with alignment between soul and role. Yoga, movement, meditation and rest will offer spaciousness, integration, replenishment, and renewal. You will be enriched by your own and others' creativity and affirmed by the process of contributing in community.

Location:

Steeles Island Resort, Carlton, TAS, Australia

Cost:

Residential retreat includes two nights stay in twin share room with ensuite, nourishing food and all materials.

A deposit of \$100 is payable upon registration.

Early Bird - \$775 payable by 1 February 2024

Full fee - \$825 payable by 1 March 2024

We are happy to discuss payment plans.

Scan QR code for
more information
and booking link

or

Contact Clare

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